



HEARTBEAT FITNESS REPAIR

SERVICE • REPAIR • PREVENTIVE MAINTENANCE

Factory-trained service for residential and commercial fitness equipment

(727) 512-5120 • service@theequipmentfixer.com • TheEquipmentFixer.com

MFG MAINTENANCE REFERENCE

REF: HFR-MFG-HORIZON-2026

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CARING FOR YOUR HORIZON FITNESS EQUIPMENT

An Independent Heartbeat Fitness Repair Maintenance Reference

Independent maintenance reference prepared by Heartbeat Fitness Repair from publicly available Horizon Fitness guidance • Not affiliated with, sponsored by, or endorsed by Horizon Fitness. All product and brand names are trademarks of their respective owners.

1. EQUIPMENT WE SERVICE

Horizon Fitness (Johnson Health Tech) is a common home and light-commercial cardio brand throughout Tampa Bay residences and fitness rooms.

TREADMILLS

7.0 AT, 7.4 AT, T101/T202, Elite T5/T7

ELLIPTICALS

7.0 AE, EX-59/EX-79, Andes-series

BIKES

5.0 IC, 5.0 U, 5.0 R, Paragon series

2. STEP-BY-STEP: THE HORIZON LUBRICATION PROCEDURE

STEP 1: LOOSEN THE ROLLER BOLTS

Loosen the rear roller bolts 10–15 turns.

STEP 2: APPLY IN A ZIGZAG

Apply roughly half a bottle of 100% silicone lubricant in a zigzag pattern across the full deck.

STEP 3: RUN IT IN

Run the belt unoccupied at 3 mph for 3 minutes, then walk it for 3 minutes to distribute lubricant evenly.

STEP 4: CLEAR THE CONSOLE FLAG

Wipe excess and clear the LUBE alert via the documented console button sequence.

3. MANUFACTURER-RECOMMENDED MAINTENANCE

COMPONENT	HORIZON GUIDANCE	INTERVAL
Belt Lubrication	100% silicone lubricant (Horizon sells a factory-matched Lube-N-Walk Kit). Loosen rear roller bolts 10–15 turns, apply lubricant in a zigzag across the deck, run empty 3 min then walked 3 min to work it in, wipe excess, clear the console flag.	Every 3 months or 150 miles; console alerts near 300 miles
Belt Tracking	Wipe down after use; check tracking monthly.	Monthly (general practice)
Incline Circuit Requirements	Requires a dedicated 15-amp circuit — no GFCI outlet, no power strips or extension cords.	At install, and re-verify if incline issues appear
Console Maintenance Reset	Clear the LUBE/LUBE BELT alert via the documented console button sequence after servicing.	Each service visit

PRO TIP: MOST INCLINE FAULTS AREN'T THE MOTOR

- Horizon's own troubleshooting attributes most incline failures to power setup issues or loose console cable connections at the mast — check these before replacing the incline motor.



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4. COMMON HORIZON FAILURE POINTS

OBSERVED SYMPTOM	LIKELY CAUSE	RISK IF IGNORED	RECOMMENDED ACTION
Incline Motor / Mechanism Issues	Power setup problems (shared circuit, GFCI, extension cords), loose console cable at the mast, or damaged wiring inside the incline cover.	Uneven deck angle mid-workout is a fall hazard.	Verify the dedicated circuit and cable connections before replacing the incline motor.
Motor Control Board Failure	Home units under heavier-than-rated use, common in forum-reported T82/T202 board failures.	Unit down until board is diagnosed/replaced.	Confirm circuit and load conditions before ordering a replacement board.
Console LUBE Alert Won't Clear	Service performed but the console flag wasn't reset via the correct button sequence.	Console may lock out use.	Follow Horizon's documented reset sequence after every lubrication service.
Belt Tracking Drift	The top preventable service call — lubrication or tension neglect.	Accelerated belt/deck wear.	Address via the standard 3-month/150-mile service cycle.

5. WHAT OUR TECHNICIANS CHECK ON EVERY HORIZON VISIT

DEDICATED CIRCUIT VERIFICATION

15-amp, no-GFCI, no-extension-cord compliance

BELT SERVICE & CONSOLE RESET

3-month/150-mile lubrication cycle, properly cleared

INCLINE WIRING

Mast cable and incline-cover wiring inspection

OWN ONE OF THESE MACHINES? WE SERVICE THEM RIGHT.

Heartbeat Fitness Repair's technicians are factory-trained across major fitness equipment brands, including Horizon Fitness, and carry the diagnostic tools and OEM-spec parts knowledge to service it correctly the first time.

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