



HEARTBEAT FITNESS REPAIR

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Factory-trained service for residential and commercial fitness equipment

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10+ YEARS EXPERIENCE

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TAMPA BAY LOCAL

MFG MAINTENANCE REFERENCE

REF: HFR-MFG-JOHNSON-RESET-2026

PAGE 1 OF 2

CLEARING THE “LUBE BELT” MESSAGE & MASTER RESET

An Independent Heartbeat Fitness Repair Maintenance Reference

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1. WHERE THIS APPLIES

This reference covers the console electronics used across Johnson Fitness treadmill consoles from roughly 2007 to present, including the “Lube Belt” service reminder message and the full console Master Reset procedure.

NOTE: NEWER 7.0AT / 7.4AT / 7.8AT CONSOLES WORK DIFFERENTLY

- Their center overlay buttons double as media controls, so wherever this guide says Speed, Incline, or Stop, these consoles use the equivalent media/quick-key buttons instead — noted at each step.

2. WHY THE “LUBE BELT” MESSAGE WON’T CLEAR

POSSIBLE CAUSE	WHAT IT MEANS	WHAT TO CHECK
Button Sequence Not Registering	A slightly different sequence or a too-short hold won’t clear it.	Hold Speed (+) first, then Stop , for 5–7 seconds. 7.0AT/7.4AT/7.8AT: hold Stop + Play/Pause instead.
Faulty Keypad or Loose Connection	A poor connection between the keypad and the control board can prevent the console from registering the clear command at all.	Check that the keypad ribbon cable is fully seated, and run a keypad self-test if the console supports one.
Faulty Upper Control Board	If the button sequence is correct and the keypad tests fine, the board itself may not be releasing the reminder.	No further troubleshooting needed — proceed to a full Master Reset below.

3. STEP-BY-STEP: PERFORMING A MASTER RESET

IMPORTANT: THIS ERASES ALL SAVED DATA

- A Master Reset permanently clears every saved workout, program, and stored time/distance. It can be run any time — the console doesn’t need to be showing the Lube Belt message first.

STEP	WHAT TO DO	WHAT TO EXPECT
1	Press and hold Incline (+) and Speed (–) together (safety key still in). See the model note above for 7.0AT/7.4AT/7.8AT.	Enters the engineering menu.
2	Toggle to ENG3 and press Enter .	Advances into the switch-function menu.
3	Repeat the Step 1 key combo until ENG8 appears.	Reaches the test menu.
4	Press Enter until P3 (clear) appears — older units may show P2 . Newer consoles: cycle Enter/Start through “No Clear” → “Clear” → “Press Start to ERP.”	Armed and ready to clear.
5	Hold Start ~5 seconds.	Two beeps, then screen blacks out after ~10 sec — data cleared.
6	Hold Stop , or remove the safety key.	Ready to use.



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● 4. IF A MASTER RESET DOESN'T FIX IT

TWO COMMON CULPRITS

- **Message reappears immediately** — the upper control board isn't releasing the reminder; this is a board-level fault, not a sequence error.
- **Console won't enter the engineering menu** — recheck the keypad ribbon cable seating and safety key contact before assuming a board fault.

● 5. WHAT OUR TECHNICIANS CHECK ON EVERY VISIT

KEYPAD & RIBBON CABLE

Connection seating and contact wear

UPPER CONTROL BOARD

Reset behavior and fault codes

SAFETY KEY CONTACT

Reads correctly during reset

PREFER WE HANDLE THE RESET FOR YOU?

A Master Reset permanently erases workout history, and the exact button sequence varies by console generation. Heartbeat Fitness Repair can perform this safely on-site, and diagnose the control board if a reset alone doesn't clear the issue.

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